

Daily Recess for Elementary Schools

6112.2(R).

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Staff members are to plan daily recess periods for elementary school students. Recess is to be at least twenty (20) minutes in duration and is to be well supervised by the assigned teacher(s). Structured activities are often the best approach to recess. The Physical Education Curriculum contains recommended activities for primary grade students that can be incorporated into the recess period.

Because of weather or other unusual circumstances, there will be times when daily recess will not be possible. Such instances are to be kept to a minimum and there is to be agreement at the building level as to the reasons why this should occur. In cases of inclement weather, indoor activities are to be substituted for outdoor games, etc., as long as other classes are not disturbed.

Legal References:

Connecticut General Statutes § 10-221o

Approved April 28, 1981

Amended January 4, 2011

Amended December 6, 2016

Previous Policy Number: HC-R(2)